



Parent Handbook

2009-2010

A Community Ministry Program of Camp Berachah Ministries

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CAMP BERACHAH MINISTRIES' MISSION STATEMENT:

To facilitate with purpose the changing of individual lives to a new or deeper personal relationship with Jesus Christ, by demonstrating God's love, mercy, and grace to all those who come on the grounds.

BERACHAH CLUB'S MISSION STATEMENT:

To meet the needs of local families by providing a Christian model of affordable, accessible before and after school care in a fun, safe, and educational atmosphere.

INTRODUCTION

Camp Berachah Ministries was established in 1960 when a group of Christians first moved on the grounds and began an outreach ministry. In 1976, the property was rescued from commercial development and purchased by the Philadelphia Church of Seattle. The organization continues today to encompass a vision of ministry given to many people over the years believing that God ordained these grounds as “holy and set aside for a refuge for His people.” In June of 1990, Camp Berachah Ministries, a non-profit corporation, was formed and took over operation, and in 1999 completed the purchase of the land and buildings to bring the ministry and real estate into a single organization.

Camp Berachah Ministries offers a variety of different programs for kids of all ages and with various needs. With the ever changing needs of our society, Camp Berachah Ministries decided in March of 2001 to implement the Berachah Club program to better reach the community for the Lord Jesus Christ and to meet the needs of families today. This program is designed to assist working parents during the school year with recreational and educational care for their children. The camp facilities and activities offer expanded opportunities for children, similar to an experience during a week of summer camp.

Berachah Club is a state licensed childcare facility specifically designed for children in kindergarten through sixth grade. Our schedule follows both the Kent and Auburn School District calendar. We provide supervised transportation to and from Cedar Valley, Covington Elementary, Grass Lake Elementary, Horizon, Jenkins Creek, Lake View Elementary, and Sawyer Woods Elementary. For more information regarding kindergarten care, please contact the Berachah Club Director.

BERACHAH CLUB COMMITMENT

Each and every child is precious to us. It is our desire to partner with each family to encourage optimal growth and development for each child. Your family and your child are unique; therefore, we focus on individual progress, development, and satisfaction while providing a nurturing environment. We select and train staff members who are dedicated to the care and support of your child.

We believe each child is important to God. Although we do not focus on the distinctions of world religions, we do emphasize our belief in Jesus Christ as the Son of God. Through Him alone are we able to accept God’s gift of salvation. Many lessons and activities will include references to this foundational belief. However, through every situation your child’s freedom will be respected.

Your child’s safety is our concern. We will maintain a safe, comfortable and supportive environment for your child. You are welcome to visit with the Berachah Club Director regarding any concerns you may have about your child or the program.

BERACHAH CLUB EXPECTATIONS

The flow of information between parents and Berachah Club staff is essential. Please read all the information in this handbook and note that we need your cooperation on several tasks.

1. Call the Director phone to inform us of any variations in your child’s daily schedule by 1pm.
2. Please pay special attention to the sections of information regarding tuition and payments, hours of service, and pickup procedures. This will help Berachah Club run smoothly.

All of our expectations of students center on the issue of respect.

1. Respect of themselves.
2. Respect of teachers and leaders.
3. Respect of other students.
4. Respect for property and materials.



It is *always important* for students to follow instructions, meet promptly with their group, and remain with their teacher.

BERACHAH CLUB DESCRIPTION

Berachah Club begins every weekday at 6:00 a.m. and ends at 6:30 p.m.

Our staff is carefully selected and trained to work with elementary age children. Each is expected to model high moral values and the teachings of Christ. They interact with the student through curriculum, games, music, and stories.

The variety of activities we offer includes recreation, games, crafts, homework club, and “free time” to pursue personal interests. Some activities are conducted in small groups to encourage participation and closer interaction. Others take place within large groups to establish group identity and promote excitement.

Since we are in a camp setting it allows for unique opportunities. Not only are we able to use the indoor pool anytime during the year, but we also enjoy many of the activities usually only found at summer camp such as archery, putt-putt golf, scaling of our indoor climbing wall, a huge gym, inflatables, and craft projects. We are a Christian agency; so in addition to modeling Christian values, we lead the students in prayer time, worship, and Bible devotions.

During the morning period, students are encouraged to start their day quietly. Berachah Club staff will interact with our first arrivals from 6:00 a.m. to 7:15 a.m. with a time of reading and other quiet activities. 7:15 am to 7:25 am will be a time devoted in worship, prayer, Bible stories, or object lessons. Breakfast will be served from 7:30 a.m. to 8:00 a.m. If your child will be arriving after this time, we ask that they enjoy breakfast at home. After breakfast, there will be time for activities, class stories, and group devotions.

The afternoon starts with snack time for your child’s class. Following snack, they are dismissed to their choice of activities or given time to do homework. Afterwards, Berachah Club comes together for announcements, group worship, Bible lessons or prayer.

Classes are divided by age and/or grade. Each class has a primary teacher who facilitates all of the activities and cares for the children throughout the year. The Berachah Club Director approves the curriculum and activities, supervises the staff, and serves as the primary contact with parents.

Since we are a state licensed day care facility, we follow nutritional guidelines in breakfast and snacks. Every afternoon all of the students receive a healthy snack (fruit, crackers and cheese, granola bars, yogurt) and juice or milk. Water is always readily available. Once a week we serve a hot snack (i.e. pizza, burritos, corn dogs, etc.) All of the food is prepared by the kitchen at Camp Berachah Ministries to exceed state licensing requirements for serving food.

Periodically we take students on field trips. These are planned with your child’s enjoyment in mind on days when there is a half-day or no school. You will be notified for the trip on these days. We ask that you provide a sack lunch for your child unless otherwise noted. There will be an additional fee for some field trips.

TYPICAL ACTIVITY SCHEDULE

AM Schedule		PM Schedule	
6:00 am	Open	2:15 pm	Leave to pick up Cedar Valley & Jenkins Creek
6:00-7:15 am	Free play in Old Chapel (worship, games, books, coloring, puzzles, etc.) - No more than 15 kids per teacher	2:25 pm	Leave to pick up kids at Sawyer Woods
7:15-7:25 am	Time devoted to the Lord	3:10 pm	Return from schools, snack time, play outside in Old Chapel playground until all vans return or inside Old Chapel if raining/bad weather
7:30-8:00 am	Breakfast in Dining Hall	3:10 pm	Leave for other schools
8:00-8:15 am	Bible Study	3:30-4:30pm	Homework Club
8:00-8:15 am	Cedar Valley, Jenkins Creek, and Sawyer Woods depart	4:00 pm	All kids return/snack
8:45 am	Lake View, Grass Lake, and Covington depart	4:30pm	MW = Devotions T, Th = homework, then class activity (games, arts & crafts, story, more homework, etc)
		5:30pm	Wrap up activities, return to Old Chapel

REGISTRATION AND ENROLLMENT

All children, ages five to twelve, are welcome to attend Berachah Club regardless of gender, race, color, national origin, religion, or the presence of any sensory, mental, or physical handicap.

Completed registration forms and a \$50 non-refundable application fee will secure a spot in Berachah Club for your child. Returning students register for next year before June 1 and we will waive the registration fee. You may register at any time. Since space is limited, you may be placed on a waiting list until a spot is available. In the spring, registration for the next school year begins for students currently enrolled in Berachah Club. Registration will open to new Berachah Club students starting in May. Do not delay in re-enrolling your child.

To provide the best care for your child we must have complete information on all enrollment forms. These forms include a Parent Agreement, Enrollment Form, Field Trip/Travel Authorization Form, Swimming Pool Authorization Form, Emergency Medical Consent Form, a Physical/Health Assessment Form, Pesticide Policy, Disaster Plan and a Record of Immunization. Please keep this information current throughout the year. If changes occur we will be glad to help you update these forms.

ATTENDANCE OPTIONS

The morning program is available from 6:00 a.m. until the school day begins. The afternoon schedule runs from school dismissal until 6:30 p.m.

You can customize your attendance plans to meet the needs of your family by choosing one of the plans listed below. We understand that sometimes the need to change an attendance plan arises. We will do our best to accommodate the needs but it is based on availability.

Transportation and food is included in the price below:

FULL TIME OPTIONS:	
Before AND After School 5 days per week	\$425 per month (Dec \$242)
Kindergarten ½ Day Before AND After 5 days per week	\$525 per month (Dec \$299)
PART TIME OPTIONS:	
Before School OR After School 5 days per week	\$325 per month (Dec \$185)
Kindergarten ½ Day Before OR After School 5 days per week	\$425 per month (Dec \$242)
Before AND After School Care 3 days per week	\$385 per month (Dec \$219)
Before OR After School Care 3 days per week	\$285 per month (Dec \$162)
OCCASIONAL CARE OPTIONS: (Subject to availability)*	
Full Day Care	\$75 per day
Half Day Care	\$50 per day

*Occasional care offered for select “no school days,” requires prior registration and is subject to space availability.

PAYMENT SCHEDULE

Tuition payments are due in advance on the first and on the 15th day of each month Pay your tuition in full on the first or pay ½ on the first and the balance on the 15th. Tuition remains the same each month, regardless of half days, full days or school closures (except December as noted).

LATE PICK UP FEES

Our staff is contracted to work until 6:30 p.m. If you are late signing out your child, a fee will be added to your invoice for the next month. The fees are as follows for **each** child that you are picking up:

If you arrive between...	you will pay...
6:40 p.m. – 6:50 p.m.	\$15
6:50 p.m. – 7:00 p.m.	\$25

Please call if you are going to be late so that we can assure your children of your safety and imminent arrival.

BERACHAH CLUB ATTENDANCE

We are prepared to care for your child each scheduled day of Berachah Club. If your child will be absent for any reason (appointment, vacation, lesson, etc.), please notify the Berachah Club Director by **1 p.m.** If your child is sick or someone else is going to provide transportation to or from school, please let us know. We need your **written permission** to release your child to someone you have not already given consent to on your enrollment form. Berachah Club fees are not pro-rated for absences.

FINDERS FEE

It is very important that parents **notify us by 1 p.m. if their child will not be returning** to childcare after school as they normally do. Staff must do a telephone search for any child who does not arrive as scheduled. Please let staff know, in writing, or by calling the On-Site Coordinator at 253-261-7911, if your child will not be attending Camp Berachah after school. **Failure to do so will result in a \$5.00 Finders Fee** being added to your account each time we do a phone search for your child.

BERACHAH CLUB WITHDRAWAL

Please submit a written two week notice if you choose to withdraw from Berachah Club. Your final month's payment will be calculated on a pro-rated basis if two weeks notice has been given.

SIGN IN AND SIGN OUT

We will anticipate that your child will attend as noted by the schedule on your enrollment form. If there is a significant long-term change we will gladly alter your schedule for you. If there is an occasional deviation let us know and we will work with you to make your child's schedule as smooth as possible. Please let us know about ANY changes. We encourage you to phone the camp office and leave a message or talk to the director in person.

If you bring your child to Berachah Club in the morning, you must sign in your child on the Parent Notebook provided with your **full legal signature, date and time**. Our staff will sign out your child on a van sheet when he or she is dropped off at school.

If we pick your child up for Berachah Club in the afternoon, one of our staff members will sign in him or her on our van sheet. When you pick up your child in the afternoon it is imperative that you sign your child out in the Parent Notebook provided with your **full legal signature, date and time**.

We will only allow your child to leave with those for whom you have given permission on the enrollment form or in some other written correspondence. If your child is leaving with someone other than you or another parent/guardian, that person will be asked to validate their identity by showing their driver's license or another valid form of identification. This precaution is for your child's safety and security while attending Berachah Club.

DAYS OF OPERATION

The Berachah Club program follows the Kent and Auburn School District schedule. We begin on and end based on the school year calendar on for Auburn and for Kent (this may change due to unexpected closures).

Berachah Club will be closed for the following holidays:

- | | | | |
|-------------------|--------------------|---------------------|----------|
| • Labor Day | September | • Presidents' Week* | February |
| • Thanksgiving | November | • Spring Vacation* | April |
| • Winter Vacation | December – January | • Memorial Day | May |

*If enrolled full time you can receive \$100 coupons toward Camp Berachah Winter and Spring Break Camps (part-time enrollees receive \$75 coupons). All enrollees also receive 10% off all Camp Berachah programs and events, including summer camps.

Berachah Club will be in full operation on weekdays that the Kent and Auburn School Districts have scheduled as workshop days and some holidays. Usually, we will arrange field trips to coincide with these days.

The following are examples of school days we will remain open.

- | | |
|---------------------------|------------------------------|
| • Teachers' Workshop Day | • Martin Luther King Jr. Day |
| • Veterans Day (observed) | • Potential Snow Make up Day |

During school half-days, Berachah Club provides an early pick-up service and extended program hours. Each year the school schedules for half-days will be posted.

For both half and full days we ask that you provide a nutritious sack lunch to include:

- meat or alternate
- whole grain and/or enriched bread/cereal/pasta
- cold pack or frozen box of juice to keep cold foods cold and safe for eating
- Please don't send soda pop as a beverage.
- vegetable and/or fruit
- dairy (cheese, milk, or yogurt)

UNSCHEDULED SCHOOL CLOSINGS

When any of the schools close unexpectedly, Berachah Club programs will continue as long as we can safely transport and care for your child.

When school is canceled due to weather or natural disaster, we will remain open as long as we have adequate staff, heat, electricity, and a secure environment. If we are lacking in any of these necessities, we will make every reasonable effort to contact you to inform you of our closure. We will follow the Kent School District and Auburn School District closures for weather.

If school is opened late or closed early, we will continue to care for your child until we can transport them to school or until you can pick them up from Berachah Club. If we cannot safely transport your child due to environmental conditions or equipment, we will make every reasonable effort to inform you of the circumstances.

TRANSPORTATION TO AND FROM SCHOOL

Berachah Club provides supervised transportation to and from school. We operate vans in which we transport children who attend Cedar Valley, Horizon, Covington Elementary, Grass Lake Elementary, Sawyer Woods Elementary, and Lake View Elementary schools and ½ day care for Cedar Valley, Jenkins Creek, Lake View and Sawyer Woods. (Other schools may be available, contact Berachah Club Director) To ensure a timely arrival at school we leave Berachah Club a half-hour before school starts. If you arrive after this time at Berachah Club, it becomes your responsibility to transport them to school.

When picking up the children at school, it is important that they exit the school quickly and come to the Berachah Club's van. If all children have not reported to the van, the driver will not return to Berachah Club until the Berachah Club Director has remedied the situation.

To prevent this occurrence and avoid delays for other parents and schools, it is important that you notify Berachah Club by **1 p.m.** if your child will not be attending Berachah Club in the afternoon.

On occasion, our vans may have to stop at more than one school or make more than one trip. When this happens, we will have a staff member wait with the children at their school until they can be picked up and transported to Berachah Club.

HOMEWORK POLICY

Berachah Club encourages children to complete their homework after school. A special homework club may be available for additional assistance Monday through Thursday. Children without homework select a quiet activity in their classroom. If you have any other requests regarding homework, please let the On-Site Coordinator know so a solution can be reached.

REQUIRED REPORTING STANDARDS

If any Berachah Club staff member suspects child abuse, neglect, or exploitation, we must immediately report it to Child Protective Services (according to the Washington Administrative Code 388.150.480). We will make a report if we suspect injuries or bruises are not accidental and if we see signs of emotional abuse, sexual abuse or physical neglect. Child Protective Services has the right to interview any child and/or staff member in Berachah Club and look through any of our files (according to Chapter 26.44 of the Revised Code of Washington). We will

be charged with a gross misdemeanor if we do not report a suspected case of child abuse. We are not required to inform parents or guardians of such a report unless specifically instructed by Child Protective Services.

We will also make every effort to prevent your child from leaving Berachah Club with you, a guardian, or authorized person who appears to be under the influence of alcohol or drugs or is extremely sick. We have a legal and moral obligation to retain your child if we feel that releasing him or her would be dangerous in any way. Should this situation arise, we will call an emergency contact person on your enrollment form or a cab. If the person attempting to pick up your child persists, we will call the police and Child Protective Services.

PERSONAL PROPERTY

We encourage sharing and will help your child safeguard toys by encouraging safe and appropriate play. If personal property is accidentally damaged through the course of normal play and activities, Berachah Club will not be held responsible. We discourage the bringing of toys to Berachah Club. If they are brought, we encourage the children to keep them in their backpacks. Specifically, **Pokemon cards and electronic items are not allowed at Berachah Club**. We understand your need to reach your child at any time, which is why we have two cell phones designated for Berachah Club. If for some reason you cannot get through on those phones, you may call the office and they will radio the director. If your child has a cell phone, he/she will be asked to keep it in his/her backpack, silenced at all times. If damage occurs due to inappropriate action by another child, we will inform the parents of all children involved, but cannot be liable for any damage.

STANDARDS OF GUIDANCE AND DISCIPLINE

A goal of Berachah Club and Berachah Club staff is to provide a safe and supportive environment in which your child can grow and develop. We employ two types of discipline or guidance techniques, indirect and direct.

Indirect guidance is low-key and subtle, but gives specific direction. For instance, we will preview upcoming activities and changes, “You have five more minutes to play and then it is time to clean up”. We give plenty of options so children can make personal choices such as, “You may paint or read in a quiet place”. A regular routine is maintained so children know what to expect. We make every effort to be consistent in schedule, language, and expectations to minimize confusion and establish a safe and trustworthy environment.

Direct guidance is affirmative in approach, is very specific, and may be corrective in nature. Our staff learns to express direction using positive phrases instead of negative phrases. (For example, “Please walk inside the building,” instead of, “Don’t run”.) In addition to using appropriate vocabulary that children understand, we will do our best to get at their level, make eye contact, speak quietly, and ask the child to repeat the directions.

Berachah Club does not employ any of the following forms of discipline: hitting, spanking, shaking, scolding, shaming, labeling, or any other negative reaction to a child’s behavior. All forms of physical punishment are strictly forbidden.

We seek to address difficult situations in a direct manner. We try to present the solution in a way that allows the child a choice, “You can choose a quiet activity, or I can choose one for you.” If the child chooses a quiet activity, we call these times of quiet space cools. Cools are non-punitive, controlled by the child, established before the child loses control, respectful of the child’s needs, not necessarily obvious to the entire group, not followed by punishment, and not for a specific amount of time.

If a child is unable to demonstrate self-control, a brief cool-time period may be prescribed. The teacher will explain to the child why the cool-time period was given and allow the child to think about a solution to the problem he or she created. If a child is unable to regain self-control and requires more individual attention than can be given due to staff/child ratios, we will contact the parent or guardian to arrange a meeting. Together we will determine a strategy to pursue if the difficulty continues. If the problem persists and our methods are ineffective, we will seek other solutions. If we are unable to reach a resolution and other children are negatively affected, we may resort to temporary suspension. Repeated, uncontrollable, or unsafe behavior can lead to permanent discontinuation of Berachah Club participation. Certain behavior (i.e. punching another child or other inappropriate physical contact with other children or adults) may result in immediate suspension from Berachah Club.

PARENT PARTICIPATION

Parents are allowed free access to the child and are a very important part of our program. We know that your schedule is extremely busy. Since your child is in Berachah Club, we feel that you and your family are a part of the greater Berachah Club family. Therefore, if you have specific needs, please let us know. We encourage you to get as involved as your time permits. Our needs will be posted on the Berachah Club bulletin boards. Some of the ways you may want to be involved are:

- Contribute to topics children are currently exploring (fossils from home, books, or stamp collecting).
- Contribute your time and skills to special projects such as art, music, dance, cooking, sewing, weaving, or woodworking.
- Help with holiday celebrations.
- Participate on a field trip.
- Be a materials maker for special projects.
- Attend a Berachah Club Open House

Because of licensing regulations, parents are only allowed unsupervised interaction with their child(ren) and not with any other students and/or classes.

Please let us know if you are interested in any of these opportunities to become more involved. We definitely want you to feel we are investing in you and we welcome your investments in us.

CONCLUSION

Thank you for choosing the Berachah Club Program to serve you and your child(ren). We feel it is a privilege to care for these little ones. We will do our best to serve you and your family. We will so do it in Christ's name to honor Him.

In the pages that follow, you will find a health care policy that is from Washington State's required guidelines for childcare facilities.

BERACHAH CLUB'S HEALTHCARE POLICY

Emergency Telephone Numbers:

Medical/Fire: 911
Police: 911
Washington Poison Prevention Center: 800-222-1222

Hospitals Used for Emergencies

Name	Auburn Regional Medical Center	Name	Valley Medical Center
Address	202 N. Division, Auburn	Address	400 S. 43 rd , Renton
Phone #	253-833-7711	Phone #	425-228-3450

Emergency Procedures:

Minor Injuries:

1. Staff trained in first aid will take appropriate steps and refer to their manual as needed.
2. Staff will record the incident in the incident report binder located in Berachah Club.
3. When the parent arrives, they will be apprised of the situation and sign the incident report form. They will then receive a copy of the form.

Life-Threatening Emergencies:

1. Staff calls 911
2. Staff provides first aid as needed (according to the first aid manual).
3. Staff stays with the injured/ill child, including transport to a hospital, until a parent arrives.
4. Staff records incident
5. Director or Supervisor to call Licensor, CPS, and DSHS

Serious injury/hospitalization will be reported to the Office of Child Care policy.

Medication Management

1. Medication will only be given with prior **written** consent (Form provided) of the child's parent/legal guardian, and signed by a physician.
2. All medication must be in the original container labeled with the following: Child's full name, name of medication, dosage, frequency, and duration. Please send only a weeks' supply at a time.
3. Prescription medication must have the original pharmacist label. Non-prescription medications must have the manufacturer's original label.
4. "As-needed" medication may be given only when the health professional lists specific parameters, such as "give one tablet every four hours".
5. Internal and external medications are stored in the Berachah Club lock box.
6. Refrigerated medication will be stored in the Berachah Club refrigerator in a designated medication box.
7. All medications will be stored:
 - Inaccessible to children
 - Separate from staff or household medication
 - Protected from contaminants
 - Under proper temperature
8. Unused medication will be returned to parents or flushed down the commode.
9. Records of all medication will be maintained in the Berachah Club files of the child that the medication is for (name of medication dose, amount, and time given).
10. Staff giving medication to a child will sign the record with their full signature.

Procedures for excluding ill children from regular child care

Children with any of the following symptoms will not be permitted to remain in care at centers with programs not specifically approved for the care of ill children:

1. Fever of 100 degrees period
2. Vomiting.
3. Diarrhea.
4. Unidentified rash.

5. Eye discharge or pinkeye. Children can be readmitted after:
 - Medical diagnosis to rule out bacterial, or viral infection
 - 24 hours on antibiotic treatment
6. Fatigue that prevents participation in regular activities.
7. Open/oozing sores, unless properly covered, or 24 hours has passes since starting antibiotic treatment.
8. Lice (no live lice or nits) and scabies.

Communicable Disease Reporting

Local Health Dept will be our resource on communicable disease. We will call the local Health Department for information when a child or staff member has contracted any of these illnesses:

- | | |
|---|--|
| <ul style="list-style-type: none"> • Acquired Immune Deficiency Syndrome (AIDS) • Animal Bites • Botulism (foodborne, wound, infant) • Brucellosis • Campylobacteriosis (Campy) • Chancroid • Chlamydia Trachomatis • Cholera • Cryptosporidiosis • Cyclosporiasis • Diphtheria • E. Coli0157:H7 • Encephallitis, viral • Giardiasis • Gonorrhea • Granuloma Inguinale • Hantavirus Pulmonary Syndrome • Hemolytic Uremic Syndrome • Hemophilus Influenza Type B (HB) • Hepatitis A-Acute • Hepatitis B-Acute, chronic • Hepatitis C-acute and chronic • Hepatitis, unspecified (infectious) • HIV infection • Immunization reactions, severe, adverse • Kawasaki Syndrome • Legionellosis • Leptospirosis • Listeriosis • Lyme disease • Lymphogranuloma venereum • Malaria • Meningitis • Meningoccal Disease • Mumps • Paralytic shellfish poisoning | <ul style="list-style-type: none"> • Pertussis • Plague • Pollomyellitis (Polio) • Psittacosis • Q Fever • Rabies • Rabies Post-exposure prophylaxis • Relapsing fever (borrallosis) • Reyes Syndrome • Rheumatic Fever • Rubella, including congenital • Rubeola (10 day measles) • Salmonellosis • Shigellosis • Streptococcus Group A, invasive disease • Suspected Bioterrorism including anthrax and Smallpox • Suspected Foodborne Origin (clusters only) • Suspected waterborne origin (clusters only) • Syphilis (including congenital) • Tetanus • Trichinosis • Tuberculosis • Tetanus • Tuberculosis (TB) • Typhoid Fever • Tularemia • Typhus • Vibriosis • Whooping Cough • Yellow Fever • Yersiniosis |
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First Aid

When children are in our care, staff with current training in Cardio-Pulmonary Resuscitation (CPR) and First Aid is always available. Training documentation is kept in the staff files.

Our first aid kits contain First Aid Guide, Band-Aids (different sizes), cotton balls, sterile gauze pads, roller bandages, adhesive tape, small scissors, large triangular bandage, tweezers, syrup of ipecac (only used after calling Poison Control).

Our first aid kit is kept in the Old Chapel.

A fully stocked first aid kit will be taken on all field trips and kept in each vehicle to transport children.

Health Records

Health Records should include: identifying information about a child, health history, date of last physical exam, allergies, special considerations, immunization records, consents for emergency care, authorization to take the child out of the facility to obtain emergency health care, permission to transport the child, etc. Records should be kept for at least a year after the child withdraws from the program.

Note that forms are updated yearly for children over 2 years of age.

Infection Control, Disinfecting and Laundering

General Practices:

1. Staff will wash hands at the appropriate times.
2. Staff will disinfect all surfaces that can spread diseases.
3. Staff will always rinse to remove residue left behind, if using items such as Lysol and Pineal (Phenols) or ammonia compounds as disinfectants. Bleach and water (generally at a concentration of ¼ cup to a gallon of water) does not require rinsing.
4. Spray bottles of bleach and water used for disinfecting will be prepared daily, dated, and the unused contents discarded at the end of the day. Toys will be disinfected daily or when obviously dirty. Cloth toys will be washed in the washing machines or automatic dishwasher (for dishwasher-safe-toys at a temperature of 140° F or more or ¼ cup of bleach added to the wash load).
5. Toys that cannot be washed in the washing machine will be hand washed in warm soapy water, rinsed and dipped into a disinfectant solution for one minute and allowed to air-dry. Toilets will be cleaned twice a day after each session.
6. General cleaning of the entire center will be done twice a day following each session by the staff on duty. Furniture, rugs, and carpeting will be vacuumed daily in all areas. Steam cleaning is scheduled quarterly in all areas or as needed.
7. We avoid using powder or chemical cleaners, which leave residues that can be harmful to children.

Hand washing

1. Staff and volunteers must wash their hands with soap and warm water:
 - (1) When arriving at work;
 - (2) After toileting a child;
 - (3) Before, during (may use wet wipe) and after diapering a child;
 - (4) After personal toileting;
 - (5) After attending to an ill child;
 - (6) Before and after preparing, serving, or eating food;
 - (7) Before and after giving medication;
 - (8) After handling, feeding or cleaning up after animals;
 - (9) After handling bodily fluids;
 - (10) After smoking;
 - (11) After being outdoors or involved in outdoor play; and
 - (12) As needed.
2. Children will be directed or helped with hand washing
 - Upon arrival at the child care center
 - Before meals or cooking activities
 - After toileting
 - After outdoor play
 - After coming into contact with body fluids
3. Soap, warm water, and individual towels are available for staff and children.
4. Washing hands includes

- From start to finish at least 20 seconds
- Wet hands and apply a liberal amount of soap
- Rub hands in a winding motion from wrists to fingertips for a period of not less than 10 seconds
- Rinse hands thoroughly
- Dry hands, using an individual towel
- Use hand-drying towel to turn off water faucets

Preventing infections when contacting body fluids & HIV/Aids

People with HIV/Aids can spread disease, but even healthy people can spread infection of other diseases through direct contact with body fluids in non-HIV/Aids individuals. Body fluids include blood, urine, stool (feces), drool (salvia), vomit, drainage from sores/rashes (pus), etc. The assumption that our staff makes is that when anyone has been in contact with body fluids, or is at risk for being in contact with body fluids that there is a possibility for transmission of disease, so the following precautions will be taken:

1. Any open cuts or sores on children or staff will be kept covered. Depending on the type of wound a covering may be a bandage or clothing; staff may wear non-latex gloves.
2. Whenever a child or staff comes into contact with any body fluids the area will be washed immediately with soap and warm water and dried with paper towels.
3. All surfaces in contact with body fluids will be cleaned immediately and disinfected with an agent such as bleach in the concentration listed above.
4. Used non-latex gloves and cleaning material used to wipe up body fluids will be put in a plastic bag, closed with a tie, and placed in a covered waste container.
5. Any brushes, brooms, dustpans, mops, etc. used to clean-up body fluids will be soaked in a disinfecting solution, and rinsed thoroughly.
6. Cloth items or mops, after soaking, should be washed with hot water in a washing machine.
7. All items are hung off the floor or ground to dry.
8. Equipment used for cleaning is stored safely and out of the children's reach Children's clothes soiled with body fluids will be put into a closed plastic bag and sent home with the child's parent. A change of clothing will be available for children in care.
9. All clothing soiled with body fluids will be changed as soon as possible.
10. Staff members in regular contact with body fluids are provided with an apron to protect street clothing.
11. All soiled laundry will be kept safely out of reach of children.
12. Hands are always washed after handling soiled laundry.

Food Service

1. Leftover foods will be covered, dated and stored in the refrigerator or freezer.
2. Foods brought from home will be labeled with the date and child's name, checked upon arrival at the center, and refrigerated as necessary.
3. Eating surfaces will be cleaned before and after use by Berachah Club staff.
4. Food will be thawed in the refrigerator or under cold running water (70 degrees or cooler) or during the cooking process.
5. Food will be cooked to the correct internal temperature:
 - Hamburger/Sausage 155 degrees F for 15 seconds
 - Pork & fish 145 degrees F for 15 seconds
 - Poultry 165 degrees F for 15 seconds
 - Cooked vegetables 140 degrees F
6. Food requiring reheating will be reheated to an internal temperature of 165 degrees F within 2 hours.
7. Hot food will be held at a temperature of 140 degrees F or above until served.
8. Food requiring refrigeration will be stored at a temperature of 41 degrees or less.
9. A metal stem thermometer will be used to test the temperature of foods as indicated above and to ensure foods are served to children at a safe temperature.
10. All refrigerators/freezers will have thermometers placed in the warmest section.

11. Sinks used for food service will not be used for hand washing.

Nutrition

Our center provides the following meals and snacks: breakfast 7:30-8:00 am & afternoon snack (fruit, crackers and cheese, granola bars, yogurt) and juice or milk. Water is always available. Once a week we serve a hot snack (i.e. pizza, burritos, corn dogs, etc.). All food is prepared by the kitchen staff at Camp Berachah to exceed state licensing requirements for serving food.

Parents provide the following meals: sack lunches on school closure/full day Berachah Club.

Our center abides by the following standards in regard to our snacks and meals:

1. All snack/meal menus will be prepared one week in advance and posted.
2. Menus list specific types of meats, fruits vegetables, juices, etc.
3. A record of foods served will be kept on file for at least six months.
4. Food allergies will be posted where staff can readily see the list.
5. Children will be provided food at intervals of 2 to 3 ½ hours apart.
6. Lunches/snacks sent from home will be examined for nutritional contents and supplemented as necessary to ensure that children’s dietary needs are met.
7. Meal patterns will be followed as outlined in childcare center rules, WAC 388-150-240.

Allergies

Children with food allergies will have a written list of food that may not be consumed, and if on a special allergy diet a permission form will be needed signed by the child’s healthcare provider.

Berachah Club Breakfast Menu

(Menu is on a 4 Week Rotational)

Daily: assorted cereal, fruit and milk

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Toast	Pancakes Bacon	Toast	French Toast Sausage Links Blueberry Muffins	Oatmeal
	Milk/Grape Juice	Milk	Milk/OJ	Milk	Milk
Week 2	Toast	Cinnamon French Toast Sausage Patties	Toast	Scrambled Eggs Bacon Hash Browns	Oatmeal
	Milk/Apple Juice	Milk	Milk/Grape Juice	Milk	Milk
Week 3	Toast	French Toast Sausage Patties	Toast	Fried Eggs Little Smilies Strudel Sticks	Oatmeal
	Milk/OJ	Milk	Milk/Apple Juice	Milk	Milk
Week 4	Toast	Pancakes Bacon	Toast	French Toast Sausage Links Blueberry Muffins	Oatmeal
	Milk/Grape Juice	Milk	Milk/OJ	Milk	Milk/OJ

Berachah Club Snack Menu

(Menu is on a 4 Week Rotational)

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Animal Crackers	Apple Slices & Goldfish	Oreos	Baby Carrots Ranch Dip	Chicken Nuggets
	Milk	Water	Milk	Grape Juice	Apple Juice
Week 2	Snickerdoodle Cookies	Crackers and Cheddar Cheese	Tortilla Chips & Salsa	Pretzels & String Cheese	Corn Dogs
	Milk	Water	Apple Juice	Apple Juice	Grape Juice
Week 3	Apple Slices & Cheddar Cheese	Graham Crackers & Peanut Butter	Apple Sauce & Crackers	Chocolate Chip Cookies	Pizza Sticks
	Water	Milk	Water	Milk	Apple Juice
Week 4	Animal Crackers	Apple Slices & Goldfish	Oreos	Baby Carrots Ranch Dip	Chicken Nuggets
	Milk	Water	Milk	Grape Juice	Apple Juice

Injury Prevention

1. The center is inspected at least quarterly for safety hazards by the Director or supervisor.
2. Hazards will be reported to our Berachah Club Director for correction.
3. The accident and illness log will be monitored by the Director to identify accident trends caused by equipment or in areas of the center.

Disaster Plan

1. The evacuation plan and routes are posted in each room.
2. Fire drills are conducted monthly and documented in the Berachah Club files in the Administrative Office.
3. All Berachah Club staff members are familiar with use of a fire extinguisher.
4. The staff conducts earthquake drills quarterly.
5. Pictures and other wall hangings are secured to the walls; shelving and bookcases are not overfilled.

Staff Health

1. (1) Each employee and volunteer must have the results of a one step Mantoux TB skin test prior to starting work.
- (2) New employees and volunteers do not need a TB skin test if they have written proof of:
 - (a) A negative Mantoux TB test in the twelve months prior to you hiring them;
 - (b) A previously positive Mantoux TB test with documented proof of treatment or a negative chest X ray; or
 - (c) Medication therapy to treat TB.
- (3) Your staff and volunteers must be retested for TB when you are notified that any of the staff or volunteers have been exposed to TB. They must comply with the direction of the local health jurisdictions.

2. Staff members who have a communicable disease are expected to remain at home until the period of communicability has passed. Such staff should follow the same procedures listed under procedures to excluding ill children listed above.

Supervision and Transition Planning:

Supervision of Berachah Club children will be in accordance with our established summer policies for counselor ratios, and meet state and county requirements.

1. Staff will be maintained at a ratio of 1:8-1:15 (max)
2. Extra staff will be assigned during special activities; such as Lifeguards for swimming, bike leader, etc.
3. Children will be supervised at all times. This includes using the playground, to the restrooms and during the transition times when moving from one building to another, or to and from transportation. Supervision means within sight and sound, and in direct proximity to the children. At no times are children unsupervised.
4. Camp security procedures are applicable to Berachah Club children each day of operation.

Child Abuse

1. Suspected child abuse will be reported to CPS and DSHS
2. Signs of child abuse will be recorded in the child's confidential file.

Berachah Club Disaster Plan

Emergency conditions are defined as: loss of electric power, high winds, earthquakes, fire, or a security condition (break in, burglary, or vandalism). During normal work times, notification to the camp office is always the first step. During the times the camp office is closed, notification will be made by radio, or cell phone by the on duty Program Supervisor or lead teacher. During high winds and known emergencies, managers, and camp maintenance staff will be recalled.

Loss of Electric Power - Emergency lights will normally operate for 2-3 hours in both meeting rooms. The Old Chapel has an emergency generator powering the building for lights, heat, and hot water.

High Winds and Storms - Forecast winds in excess of 40 mph will require the camp to expect loss of electric power and begin to implement procedures in paragraph "1". Recall of staff will be initiated to at least be available "on call" should conditions require a complete recall.

- The lower floor of Hillside Lodge and the RJM (Gym) are designated as the primary storm shelters at Camp Berachah. Berachah Club and staff should remain in these shelters when winds are in excess of 60 mph.

Earthquakes – Initially the Program Supervisor and or Director will instruct the children to go under the tables, and then the Program Supervisor and or Director will move BC children and staff to the primary shelters, keeping them away from windows and keeping close to emergency access.

- The maintenance department will maintain the proper tools for turning off utilities (gas, water etc.) and have them readily available during emergencies.

Fire/Emergency - Anytime fire or a security emergency exists, on duty staff will immediately call 911. Staff will proceed to the area (in the case of fire) to assist in evacuation of the building and stand by for the fire department. The Berachah Club children and staff will be evacuated to the designated meeting place outside of the Country Store; away from the roadways and buildings.

During all emergencies, all available staff will come up on the camp UHF Net and await instructions. A temporary center of operations will be set up and staff notified of required actions as soon as possible. This location will be based on the type of emergency but will be the camp office if available.

During any emergency the highest ranking staff person (BC Director, Program Supervisor, and then Lead Teacher) will be responsible for directing and accounting for all children. They will remove the BC sign in and out sheet while evacuating the building; from this they account for all children who are in BC care that day.

In the event of an extended disaster, Berachah Club staff will care for all children for whatever period necessary until parents are available. This will be accomplished through use of one of Camp Berachah's Guest housing units. These units include all bedding and towels. Food will be provided to each child through the Camp Berachah food service department; the same department that currently delivers the snacks and breakfasts to Berachah Club.

The parents of Berachah Club will be able to contact our staff through our normal Berachah Club cell phone network, in addition they may contact James Richey; Associate Director (BC Director) at 253.569.2953.

Emergency/Disaster Planning – Camp Berachah can experience power outages during high winds, snow, and earthquakes. We have a plan and our staff are trained to respond to any disaster or emergency that might occur, and insure the safety of our Berachah Club children. (We have been identified as a Red Cross potential shelter area)

1. Initial notification of emergency conditions will be to all management staff through the Duty Manager, who will remain as the on site supervisor until relieved by the Executive Director or Associate Director. Recall of all staff will be done based on the need, number of guests, severity of the emergency, and estimated time frame of emergency conditions as determined by the on site manager. Department recalls may be initiated by department managers and supervisors based on the emergency conditions.

2. Host and Housekeeping staff will visit each Berachah Club facility and Berachah Club supervisor, lead teacher.

3. Maintenance staff will complete actions for emergency power based on the guest load and facility needs.

a. Generators may be pre-positioned or taken to the facility along with adequate extra gasoline (in cans). The generators will be started and connected to the camp dining room and office using the “emergency panel” in each building. Other generators may be started and extension cords with “bus bars” made available in meeting rooms for lighting and other needs.

b. Check roads and paths for down trees or damage, clearing as needed of debris, ice or snow. In cases of flooding, retention ponds and road drainage will be monitored where buildings could be at risk.

c. On scene supervisor/managers will determine extent and time frame of the emergency and take appropriate action for staffing, servicing of emergency equipment (fuel etc.), other required tasks, maintain communications in the office, and keep staff and guests informed of all details.

4. Extended periods of emergency conditions, power outages, or blocked roads will necessitate additional actions for guests and staff. Providing and monitoring emergency power, lighting, and other needs will depend on the time frame and number of guests. Additional actions may include delivery of portable lighting, using wood fires or propane heat where possible, and/or moving guests and staff to more suitable facilities. Any power outages or blocked roads of over three hours will implement additional procedures and planning by managers and supervisors for guests and other staff members.

Pesticide Policy for Berachah Club

A pesticide is a substance or mixture of substances intended for preventing, destroying, repelling or mitigating any pest. The term pesticide applies to:

- **Pesticides** (note: some fertilizers may contain pesticides)
- **Insecticides** (i.e. ant or roach killer, flea and lice control products)
- **Herbicides** (i.e. weed killers)
- **Fungicides** (i.e. sanitizers, cleaners, mold and mildew cleaners, some pool chemicals for algae, including bleach (note: when bleach is used for general sanitizing [$\frac{1}{4}$ cup bleach: 1 gallon water] it is NOT considered a pesticide).
- **Miticides** (i.e. mite control products; termite, dust, spider)
- *Labels should be read carefully. The label will contain an EPA registration number.

Intent of Berachah Club

We are dedicated to using the least amount of chemical control of pests in our program in order to provide the healthiest environment possible for our children.

We attempt to PREVENT infestation by:

- Taking out trash daily or more as needed.
- Cleaning trash cans regularly.
- Keeping trashcans or dumpsters covered and away from the building.
- Keeping grounds clear of food and rubbish.
- Storing food in sealed plastic or metal containers.
- Cleaning and sanitizing all dishes, utensils, and surfaces used for eating or food preparation after meals and at the end of the day.
- Preventing pest entry into facility by sealing cracks and holes, using and repairing window screens and door sweeps.
- Moisture control by maintaining plumbing and water drainage systems.
- Mechanically managing weeds.
- Planting native vegetation that is non-toxic. AND Integrated Pest Management (IPM)

Integrated Pest Management (IPM) (definition)

IPM is a pest management strategy that focuses on long term prevention or suppression of pest problems including the following six components:

(*Must also be in compliance with RCW 17.21.415)

1. Education of staff
2. Monitoring pests
3. Pest prevention (non-chemical)
4. Least hazardous approach to pest control
5. Notification of pesticide use
6. Record keeping

I. Policies and Records

*****If it is necessary to apply pesticides the following policies and procedures will be followed.*****

We do NOT regularly apply any pesticides to our facility/building. If applied, it is generally done by our maintenance staff. When applied the following procedures will be adhered to:

(A) Notification of Pesticide Policy

We shall provide written notification annually and upon enrollment to families of children and to employees describing the program's pest control policies and methods, including posting and notification requirements. Our policy will be made available to all families and staff for review annually.

A copy will be posted in the director's office, is available by request from the site director, director, and is posted on our website.

(B) Record Keeping and Annual Summary/Notification

We shall keep the records of all pesticide applications to center facilities and landscapes, including a list of active ingredients and copies of Pre-Notification and Notification postings, letters and method of distribution. We shall make the records of all pesticide applications, including an annual summary of the records, readily accessible to interested persons by contacting the director. As required by law, the annual summary will include the product names of all pesticides, active ingredients, quantities of each pesticide, and amount of tank mix applied. The annual summary for the previous year will be made available for review and attached to the pesticide policy.

II. Building/Facility Application

(A) Pre-Notification

We will notify families and staff at least **forty-eight (48) hours** before a building/structural pesticide application. The notification system shall include:

- **A system of notifying each family and staff member in writing** (i.e. a letter sent home or mailed)

AND

- **Posting** of the pre-notification in a prominent place in the main office of the child care center, the front door of the center, and on the door to each classroom.

*Application to the center must be made within **48 hours** following the intended date and time stated or the pre-notification process must be repeated.

*The pre-notification requirements do NOT apply if the indoor application is made when the center is NOT occupied by children or staff for at least **two (2)** consecutive days after the application (i.e. Friday evening).

* The pre-notification requirements do not apply to any **emergency** application for control of any pest that poses an immediate human health or safety threat, such as an application to control stinging insects. When an **emergency** application is made, notification will be done at the time of application and the center will be evacuated and closed to protect children and staff unless area treated can be contained and made inaccessible to children (seek advice from DCCEL licensor).

“Pre-Notification” and **“Time of Application Notification” signs** for facility/structure applications of pesticides (including school buses) shall be a minimum size of **eight and one-half by eleven inches (8.5” x 11”)** and shall include the following heading of:

“Notice: Pesticide Application”

- The product name of the pesticide to be applied
- The intended date and time of application
- The location to which the pesticide is to be applied
- The pest to be controlled
- The name and phone number of a contact person at the center
- Notification signs shall be printed in colors contrasting to the background

B) Time of Application Notification (Facility/Structure)

“Pre-Notification” signs must be updated if application differs from intended application with regard to product used, date or time applied, location pesticide applied, pest controlled, name or phone number of contact person. **“Time of Application Notification” signs** shall remain in place for at least **twenty-four (24) hours** from the time the application is completed. In the event the pesticide label requires a restricted entry interval (REI) greater than **twenty-four (24) hours**, the notification **sign** shall remain in place consistent with the restricted entry interval (REI) time as required by the label.

III. Landscape/Grounds Application

A landscape (grounds) application is any pesticide application to exterior landscape plants, lawn or insect nest located on the childcare center property (including weed killers).

(A) Pre-notification of pesticide application to childcare grounds/landscape will be made to all families at least 48 hours before the application of pesticides using:

- A **system of notifying each family and staff member in writing** (i.e. a letter sent home or mailed)

AND

- **Posting** of the pre-notification letter in a prominent place in the main office of the child care center, the front door of the center, and on the door to each classroom.

(B) At the time of pesticide application **notification signs** will be **posted** for all pesticide applications made to child care grounds unless the application is otherwise required to be posted by a certified applicator under the provisions of RCW 17.21.410(1)(d).

Notification signs for applications made to child care grounds by maintenance shall be placed at the location of the application and at each entry point to the area being treated. Several signs will be posted when large areas are treated. Signs will also be posted in a prominent place in the main office of the childcare center, the front door, and on the door to each classroom.

The signs shall be a minimum size of **four inches by five inches (4" x 5")** and shall include the words: **“THIS LANDSCAPE HAS BEEN RECENTLY SPRAYED OR TREATED WITH PESTICIDES BY**

FOR MORE INFORMATION PLEASE CALL:(253) 939-0488”

and shall be placed at least twelve inches (12”) from the ground. Signs shall remain in place for a minimum of 24 hours or longer if restricted entry interval time on label requires.

IV. Liability

We are not liable for the removal of signs by unauthorized persons. We may not be held liable for personal property damage or bodily injury resulting from signs that are placed as required. Our maintenance department do not need to be licensed to apply pesticides unless they are using state or federally restricted use pesticides or using motorized, mechanical or pressurized power equipment (does not include pressurized backpacks or hand held spray cans).

We do **NOT** store pesticides in the childcare building or on the grounds.

(B) Disposal

There are strict rules for disposing of leftover pesticide product and its container. Pesticides and their containers may NOT be thrown away in regular garbage nor disposed of into our water supply (ground or sewer). We will follow the recommendations of the below agencies:

We will contact Washington Pest Consultants Association (WaPCA) for proper disposal recommendations of empty pesticide containers. (<http://pep.wsu.edu/waste/wapca.html>)

Otherwise, we will contact our local solid waste program, at 1-800-cleanup (1-800-253-2687) or visit the Earth 911 website: www.earth911.org for recommendations for disposal of leftover product.

In King County...(www.govlink.org/hazwaste) *Unopened containers of legal products may be transferred to another legal user or may be listed on the Industrial Materials Exchange (IMEX) (206) 296-4899.

www.govlink.org/hazwaste/business/imex/

*Unusable pesticide product will be disposed of in a manner recommended by WSDA.

(<http://agr.wa.gov/PestFert/Pesticides/WastePesticide.htm>)

(360) 902-2056

Waste Pesticide Program

P.O. Box 42589

Olympia, WA 98504-2589

Compliance and Support

Washington State Department of Agriculture (WDSA)
Pesticide Management Division
1-877-301-4555 or (509) 663-9616 (David Zamora, Ph.D.)
www.agr.wa.gov/PestFert/Pesticides/Schools.htm
Washington State Legislature
RCW 17.21.415
www.leg.wa.gov/RCW/index.cfm?fuseaction=section§ion=17.21.415
Washington State D.S.H.S
Division of Child Care and Early Learning (DCCEL)
Contact according to Region
www.dshs.wa.gov/esa/dccel
Washington Administrative Code: Child Care Center (WAC's)
<http://www1.dshs.wa.gov/esa/dccel/pdf/0308ctrwacwtoc.pdf>
Washington State Department of Health (DOH)
Pesticide Surveillance Program
1-888-586-9427
www.doh.wa.gov/ehp/ts/PEST.htm
Integrated Pest Management (IPM) Resources
Environmental Protection Agency (EPA)
www.epa.gov/pesticides/ipm/#bkmrkl
EPA – IPM for Schools “A How to Manual”
<http://www.epa.gov/pesticides/ipm/schoolipm/index.html>
The IPM Institute of North America
www.ipminstitute.org

Safer Pest Control Project (SPCP)
www.spcpweb.org/childcare_ipm.html
Urban Pesticide Strategy Team (UPEST)
www.ecy.wa.gov/programs/wq/pesticides/upest/index.html
Child Care Health Program March 3, 2004 19
Wind Meters (Search “Wind Meter” on any search engine)
Forestry Suppliers
www.forestry-suppliers.com
Weather Meter.Com
www.weathermeter.com
Children’s Health and Pesticides
Beyond Pesticides
<http://www.beyondpesticides.org/main.html>
Children’s Environmental Health Network
www.cehn.org
National Children’s Study
<http://nationalchildrensstudy.gov/>
National Pesticide Information Center
<http://npic.orst.edu/>
Pediatric Environmental Health Specialty Unit (PEHSU)
<http://depts.washington.edu/pehsu/>
Physicians for Social Responsibility
www.psrla.org/pesthealthmain.htm
The Precautionary Principle
<http://www.biotech-info.net/precautionary.html>
UW Center for Child Environmental Health Risks Research
<http://www.depts.washington.edu/chc/>